

Tuesday :: 8/29/2017	8:00 AM
PROGRAM	ROOM
SHIIP (until: 09:00 PM)	Visiting Agency 1

Tuesday :: 8/29/2017	8:30 AM
PROGRAM	ROOM
Walking Outdoors (until: 09:30 AM)	Living Room

Tuesday :: 8/29/2017	9:00 AM
PROGRAM	ROOM
ESL (until: 12:00 PM)	Dogwood Room
Chinese Dance (until: 10:00 AM)	Exercise Room

Tuesday :: 8/29/2017	10:00 AM
PROGRAM	ROOM
Mandarin Conversation Lab (until: 12:00 PM)	Conference Room
Table Tennis (until: 11:30 AM)	Table Tennis Area

Tuesday :: 8/29/2017	10:30 AM
PROGRAM	ROOM
Creative Crafts (until: 03:30 PM)	Craft Room
Silver Sneakers (until: 11:30 AM)	Great Hall

Tuesday :: 8/29/2017	11:00 AM
PROGRAM	ROOM
Gentle Joy of Yoga (until: 11:50 AM)	Exercise Room

Tuesday :: 8/29/2017	12:00 PM
PROGRAM	ROOM
Seymour Lunch Program (until: 01:00 PM)	Great Hall

Tuesday :: 8/29/2017	1:10 PM
PROGRAM	ROOM
Core Strength W/ Fit Ball (until: 02:00 PM)	Exercise Room

Tuesday :: 8/29/2017	2:00 PM
PROGRAM	ROOM
Table Tennis (until: 04:00 PM)	Great Hall

Tuesday :: 8/29/2017	2:15 PM
PROGRAM	ROOM
Inspired Movement (until: 03:05 PM)	Exercise Room

Tuesday :: 8/29/2017

4:15 PM

PROGRAM

ROOM

Badminton (until: 06:30 PM)

Great Hall

Tuesday :: 8/29/2017	7:00 PM
PROGRAM	ROOM
T'ai Chi-Yang Short Form (until: 08:15 PM)	Exercise Room